



केन्द्रीय माध्यमिक शिक्षा बोर्ड
(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)
CENTRAL BOARD OF SECONDARY EDUCATION
(An Autonomous Organisation under the Ministry of Education, Govt. of India)



CBSE/Aff./Circular/2026

Dated: 19.01.2026

Circular No. 02/2026

Notification

To All the Heads & Managers of CBSE Affiliated Schools

Subject: Amendment in Clause 2.4.12 of CBSE Affiliation Bye Laws-2018 regarding appointment of Counselor & Wellness Teacher in CBSE Schools- reg.

As per the recommendation of the Affiliation Committee in its meeting held on 26.11.2025 vide Agenda Item XVIII, ratified by the Governing Body in its Meeting held on 24.12.2025 vide Agenda Item IV and subsequent approval of the Controlling Authority of the Board, the following amendment in clause 2.4.12 of CBSE Affiliation Bye Laws 2018 regarding appointment of Counseling & Wellness Teacher (Socio-Emotional Counselor) and Career Counselor in CBSE Schools with minimum qualification are hereby notified:

Existing Clause	Amended Clause
Clause 2.4.12 Counseling & Wellness Teacher Every Secondary and Senior Secondary school shall appoint a person on full time basis for performing the duties of Counselor & Wellness Teacher. The person appointed as Counselor and Wellness Teacher shall be either a Graduate / Post Graduate in psychology or Post Graduate in Child Development or Graduate/Post Graduate with Diploma in Career Guidance and Counseling. Schools having enrolment of less than 300 students in classes from IX to XII can appoint a Counselor & Wellness Teacher on part-time basis.	Clause 2.4.12 Counseling & Wellness Teacher (Socio-Emotional Counselor) and Career Counselors Every Secondary and Senior Secondary school shall appoint persons for performing the duties as: a) Counseling & Wellness Teacher (Socio-Emotional Counselor) b) Career Counselor 2.4.12.1 - Counseling & Wellness Teacher (Socio-Emotional Counselor) Every CBSE-affiliated school shall appoint one Counseling & Wellness Teacher (Socio-Emotional Counselor) for upto every 500 students enrolled, maintaining a counselor-to-student ratio of 1:500. The person appointed as Counseling & Wellness Teacher (Socio-Emotional Counselor) shall have the following Qualifications and Competencies: Qualifications: Master's/Bachelor's in Psychology (Clinical/ Counseling/ Applied/Educational), OR Master's in Social Work (Mental Health/Counseling). OR

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	Bachelor's/Master's in any subject + Diploma in School Counseling / Child Guidance and Counseling. The appointed person shall possess the competencies for SEL delivery, crisis intervention, identification of mental health concerns, parent/teacher sensitization, confidentiality etc. The appointed person must also undergo 50 hours of capacity building programs (CBPs) preferred by the Board for psycho-social counseling. Additionally, CBSE Counseling Hub & Spoke School Model can be adopted by schools for providing counseling and well-being support to students. Clause 2.4.12.2 - Career Counselor Every CBSE affiliated school of the Board shall appoint one Career Counselor for upto every 500 students enrolled in classes from IX to XII maintaining a counselor-to-student ratio of 1:500. The person appointed as Career Counselor shall have the following Qualifications and Competencies: Qualifications: Bachelor's/ Master's in Humanities/ Science/ Social Sciences/ Management/ Education/Technology. The appointed person shall possess the competencies for Career assessment interpretation, knowledge of higher education (India + global), research skills, student/parent career counseling, collaboration with universities/industry etc. The appointed person must also undergo 50 hours of capacity building programs (CBPs) preferred by the Board for career counseling. <i>*Where Career Counselor is unavailable, school may nominate a trained teacher who must acquire/complete CBSE qualifications and competencies as given in clause 2.4.12.2 within 02 academic years.</i>
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Himanshu Gupta)
Secretary, CBSE

Distribution:

1. The Commissioner, Kendriya Vidyalaya Sangathan, 18 Institutional Area, Shaheed Jeet Singh Marg, New Delhi-16.
2. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida-201309.

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3. The Secretary, Eklavya Model Residential Schools (EMRS), Ministry of Tribal Affairs, Government of India.
4. The Secretary, Sainik Schools Society, Room No. 101, D-1 Wing, Sena Bhawan, New Delhi-110001.
5. The Chairman, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Near Doordarshan Kendra, PO Sainik School Nayapalli, Bhubaneswar, Odisha-751005.
6. The Director of School Education, Andhra Pradesh, 3rd Floor, B block, Anjaneya Towers, VTPS Rd, Bhimaraju Gutta, Ibrahimpatnam, Andhra Pradesh - 521 456.
7. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar -791 111.
8. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim -737101.
9. The Director of Education, Govt. of A&N Islands, Port Blair - 744101.
10. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh-160017.
11. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi-110 054.
12. The Director of School Education, Ladakh, Room No.101-102, Ground Floor, Council Secretariat, Kurbathang, Kargil – Ladakh.
13. The Director, Sambhota Tibetan Schools Society, Dharmshala, Himachal Pradesh.
14. The Additional Director General of Army Education, A-Wing, Sena Bhawan, DHQ, PO, New Delhi-110001.
15. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRS Building No. 202, Shankar Vihar (Near APS), Delhi Cantt-110010
16. The Group Captain Education (Schools), Directorate of Education, West Block VI, Air HQs (RKP), R.K. Puram, New Delhi- 110066
17. The Commodore (Naval Education), Directorate of Naval Education, Naval Headquarters, Ministry of Defence, West Block- V, RK Puram, New Delhi- 110066.
18. JS to Chairperson, CBSE.
19. Secretary/ Controller of Examinations/ All Directors, CBSE.
20. All Regional Directors/ Regional Officers of CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions
21. All Joint Secretary/ Deputy Secretary/ Under Secretary/ Assistant Secretary, CBSE
22. All Head(s)/ In-Charge(s), Centre of Excellence, CBSE.
23. In charge IT Unit with the request to put this Notification on the CBSE Affiliation Website
24. In-Charge, Library.
25. Record File.

(Himanshu Gupta)
Secretary, CBSE



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