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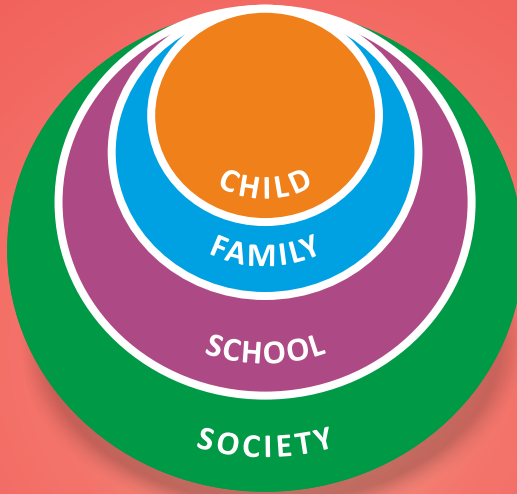


Children Against Child Abuse

Project CACA

Ka kot na ka bynta ki kmie ki kpa- Nonghikai

Ban pynkup bor ia phi bad ia ki khun jong phi pyrshah
ia ka jingleh thombor ia ki khynnah



Kane ka kot kadei kaba la ai ei sha ki kmie ki kpa / nonghikai. Lah ruh
ban download ia ka na ka www.projectcaca.org

Partners



edusynergies

**Ka jingiatreilang bad ki shnat ba la iatehlok ryngkat ka
jingkyrshan na kiba bun:**

State Legal Services Authorities (SLSA)

State Commissions for Protection of Child Rights (SCPCR)

LYNNONG

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La pynmih da ka: Edusynergies for Social Axiom Foundation (SAF)

La shon da ka: [Repro India Ltd.](#)

Jingkdew – Kane ka kot lyngkdop kam dei kaba lah ban bujli bad ka jingbatai ki riew shemphang. Ki jingthoh bad ki jingbatai shaphang ki ain bapher bapher la pynsuk na ka bynta ban kham pyn myntoi ia ki nongpule da kaba pyndonkam da ki kyntiew kiba sngewtynnad ki nongpule. Kane ka kot lyngkdop kam dei kaba bujli bad kino kino ki ain lane ki kyndon.

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1. Mano ban pule ia kane ka kot lyngkdop?

Ka Project CACA, kata., Children Against Child Abuse ne ka Ki Khynnah pyrshah ia ka Jingshah Thombor, kadei ka prokram kaba ai jingshngain ia ki khynnah. La thaw ia kane hapoh ki kyndon jong ka skol kiba iadei bad ka jingshngain. Ka bynta ba kongsan tam jong ka project ka long ban pynmih ia ki kot iarap ba ki khynnah ki lah ban thoh ne ki workbook kiba iadei shaphang ka jingshngain ne ki 'Children's Safety Workbooks' na ka bynta ki khynnah naduh klass UKG haduh 9. Bun na ki kot iarap kidei na ka bynta ki nonghikai, ki kmie ki kpa bad ki nongtrei ha ki skol hynrei ki bym dei ki nognhikai. Don lai tylli kum kine ki kot iarap kaba rong Blue, rong Jyrngam bad kaba rong Saw. Ka kot kaba rong Blue bad rong Jyrngam kadei na ka bynta ki nonghikai bad ki kmie ki kpa, katba ka kot rong Saw kadei na ka bynta kito kibym dei ki nonghikai hynrei ki nongtrei kiba iarap ha skol. Hynrei, kino kino kiba don ka jingsngewkhia na ka bynta ki khynnah kin sngewtynnad ban pule ia kine ki kot; namar ha kaba kut hi, baroh ngi kwah hi ba ki khynnah kin long kiba kmen, kiba koit ba khiah bad kiba don ka jingsnew shngain. Ia kine ki kot lah ban ioh ha ka ktien English, Hindi bad kiwei kiwei ki jait ktien. Kane ka project ka kynthup ruh ia ki lypung iaphylliew jingmut ia kaba lah ban iakren bad bun ki briew lyngba ka webinar na ka bynta ki nonghikai, ki kmie ki kpa, bad kito ki nongtrei kibym dei ki nonghikai hynrei kiba iarap ha skol.

Kane ka kot kaba ki khynnah ki lah ban thoh kaba iadei shaphang ka jingshngain jong ki ne ka safety workbook ka hikai ia ki khynnah shaphang ka hok jong ki, ka jingiaryngkat hapdeng ki kynthei bad shynrang bad ka jingshah lehbein ki khynnah, khamtam lei lei halor ka jingshah thombor ia ka longrynieng jong ki khnang ba yn lah ban iada ia kane. Ki khynnah, ki nonghikai, ki kmie ki kpa bad ki nongiarap ha skol ki paw ha bun tylli ki jingiathuh khana, ki poetry, ki drama bad kiwei kiwei ki bynta ba ki khynnah ki lah ban thoh ne pule ha ki workbook. Ki nonghikai ki hap ban iakren bad ki khynnah na ka por sha ka por, khnang ba kan long kaba kongsan ia ki ba kin sngewthuh ia ka kamram bad ka bynta jong ki bad shaphang ki ain bapher bapher kiba iadei bad ka jingshngain jong I khynnah. Nalor kane, don ki nonghikai kiba dei ruh ki kmie ki kpa/ ki meii eid paieid. Kumta ka iahap ban don ia kine ki kot iarap na ka bynta ki kmie ki kpa bad ki nonghikai kaban iarap ia ki ban lah ban iasnohkti lang bad pyniahap ia lade katkum ki kyndon jong ka skol kaba iadei bad ka jingshngain.



phlim la pyni sha ki khynnah ha skul. Ka CACA safety workbook kadei katkum ka phlim. Ban kynthup ia bun tylli ki kyndon kiba iadei bad ka jingshngain kumba la pynpaw ha ka phlim kaban iahap ruh bad ka rta jong ki khynnah. Ki kyndon kum ka rukom ktah kaba shngain- ka jingktah ka bym shngain, kiei kiei kiba hap ban kun ne set ha lade, ki rangbah ba ki lah ban shaniah, kam dei ka jingbakla jong phi, ban ai ia ka mynsiew ka jingsngew shlur, ki nombor ba lah ban ioh ia ki jingiarap 1098, bad kiwei kiwei. Ki kmie ki kpa, ki meieid paieid, ki nonghikai bad ki nongiarp ruh kidei ban peit ia ka phlim ba ki lah ban pyniahap lang kumne.

Kane ka workbook ka iarap ia ki kmie ki kpa, ki nonghikai bad ia kito kiba trei ha skul ba kin iawan lang na ka bynta ban ai ka jingshngain ia ki khynnah bad ban wanrah ia ka jingkylla ha ka rukom long ka jingim, kaba lah ban long kaba ym kumba myn shwa ia kiwei hynrei kaba donkam pat ban iada ia ki khynnah na ka jingshah thombor. Kine ki long ki katto katne ki nuksa ba lah ban ia pyrkhath.

Ka khana samari jong ka India ne Census Survey of India (2011): Kumba 40% na ki nongshong shnong kidei kiba hapoh 18 snem ka rta (khynnah).
Ka jingwad bniah jong ka snem 2007 – Ka tnad Ministry of Women and Child Development (MW&CD), ka sorkar India: Man la ka sekon I khynnah, shynrang ne kynthei, ki mad ia ka jingshah thombor ba bun jait ia ka long ryenieng jong ki.

Nuksa 3: Ban pynshlur ia ki khynnah ban pan jingiarap na ki nongiarap ha ki bynta ba man la ka sngi kum ha kaba leit Shabar/ ban pynphong jain bad kiwei kiwei.



ARPIT



SANA



POKSO



Ka United Nations Convention on the Rights of the Child (UNCRC) kadei ka tnad kaba ruh ia ki kyndon ain kiwa iadei ba la hok jong man la ia kiwei I khynnah lang na ka liang ka jingidaisa shrew, ka sain ia ioh ka kot, ka imiang santiang bad ka rti dustur ia ki khynnah kidei na ba jait

ka kynja, ka niam bad ka jinglah jong ki.

Ka rta jong I khynnah, kumba la batai da ka UNCRC, ka long mano mano ba dang hapoh 18 snem ka rta. Ki saw tylli ki bynta ba kongsan ha ka liang ka hok jong I khynnah katkum ka UNCRC ki long:

I. Ka jingbym shah nion bein

ii. Kaei kaei kaba bha tam na ka bynta ki khynnah

iii. Ka lad ban im bad ban san nura

Ki khynnah ki don ka hok ba kin tip ia la ka jong ka 'hok'. Ka jingai jingtip shaphang ki hok jong ki khynnah ka iarap ia ki ba kin sngewthuh ba kiba la heh la san kidei ban iada ia ki, bad kidei ban leh ia kane kum ka kamram ba ki hap ban leh. Ka jingtip shaphang ka hok jong ki khynnah, haba la iathuh sha ki khynnah skul, ka iarap ban pynkhlain ia ka jingsngewthuh jong ki ba ki khynnah kidei kiba kyrpang. Lada kiba la heh la san ki iuh roit ia ka hok jong I khynnah, kadei ka jingbakla jong kiba la heh la san ym jong I khynnah. I khynnah I lah ban leit sha kiwei pat kiba la heh la san, ban iathuh ia ka sap, ban buh ia ki jingpynshitom bad kiwei kiwei), ki pulit bad ki jingpynkylla ia ki



jingshah iuh roit jong l, bad ban ioh jingiarap. Haba ngi kren shaphang ka hok jong l khynnah lane ki hok salonsar bad ki khynnah, ngi dei ruh ban pynsgewthuh ia ki ba ka hok jong ki bad ka hok jong kiwei kadei ban ialong mar kumjuh.

- Ka hok ban ioh lad ban pule ha ki klass rit ne elementary khlem hap ban siew na ka bynta ki khynnah kiba naduh 6 haduh 14 snem ka rta.
- Ka hok ban iada ban lait na ka jingshah thombor lehor namar ka jingduna ha ka ioh ka kot bad ba ki hap ban leit trei noh ha ka rta bad ka bor kabym pat iahap.
- Ka Juvenile Justice Act (2015) ne JJA.
- Ka Protection of Children from Sexual Offences (2012) ne POCSO.

Ki wan ter ter kum ki dak thoh

- a. Bonded Labour System (Abolition) Act
- b. Child Labour (Prohibition and Regulation) Act
- c. Children (Pledging of Labour) Act
- d. Factories Act
- e. Guardians and Wards Act, and Hindu Minority and Guardianship Act
- f. Hindu Adoption and Maintenance Act
- g. Immoral Traffic (Prevention) Act

- h. Juvenile Justice (Care and Protection of Children) Act
- i. Mental Health Act
- j. Mines Act
- k. Motor Vehicle Act
- l. National Food Security Act
- m. Pre-Conception and Pre-Natal Diagnostic Techniques Act
- n. Prohibition of Child Marriage Act

I khynnah iba hap ha ka bynta jong ka A I lah ruh ban hap ha ka bynta jong ka B. Nuksa, I khynnah ba im ha surok bad la pynkhein ia ka ain bad iba kyrni ha ka jingdih drok.

- r. Surrogacy (regulation) bill
- s. Young Persons (Harmful Publication) Act

Kane ka ain ka batai ia ka rta jong I khynnah (juvenile) kum ita iba hapoh 18 snem ka rta. Kadei kaba peit ia ki khynnah kiba hap ha kine ki ar tylli ki bynta:

Bynta A: Ki bym ia biang bad ka ain (“ki khynnah kiba la ialeh pyrshah bad ka ain”).

Bynta B: Kiba donkam ia ka jingsumar sukher, ka jingiada, ka jingsumar, kiba donkam ban pynsan bad pynbha. Kane ka bynta ka kynthup ia shibun kiei kiei shaphang ki khynnah kum ki khynnah iba:

- I khunswet/ shah ieh/ shah aiti noh shawei.
- I bym don ka iing ne ka jaka sah;
- Iba la shah pyllait im na ka jingshahdie bad ba ym lap shuh ia ki kmie ki kpa.



- Iba ki bahaiing hasem ki long ka jingma ia i. Nuksa, kum I khynnah iba la shah ktah bha na ka jingshah pynshitom ha iing bad shah pynbor ban iathoh ha ka por ba dang rit bad kiwei kiwei.

Ka Child Welfare Committee – CWC ne ka Komiti ba peit ia ka bha ka miat I khynnah

Hapoh jong kane ka ain, la thaw ia ka Child Welfare Committees (CWC) ha la ki distrik kaban pyntikna ban peit ban ri, ban ai jingiada, ban sumar, bad pynbha

I kam runar kiba rit- kine ki jingbakla kiba ka jingshah set ka long tang haduh 3 snem hapoh jong ka ain ka CrPc - Code of Criminal Procedures ne ha kano kano ka ain kum ka IPC - Indian Penal Code.

Ki kam runar kiba la heh - kine kidei ki jingleh bakla ba ka jingpynshitom da ka jingset along ka long naduh 3 haduh 7 snem hapoh jong ka Indian Penal Code ne hapoh kino kino ki ain.

Ki kam runar kiba la shyrkhei bha- kine kidei ki kam runar kiba ka jingpynshitom da kaba set along ka long haduh 7 snem hapoh jong ka Indian Penal Code ne kino kino ki ain.

CWC. Mano mano ruh lah ban phone ha u nombor 1098 kaba long ka nombor ban ai jingiarap ia ki khynnah hapoh jong ka JJ Act.

Ka Juvenile Justice Board - JJB

Ki khynnah kiba la pynthut ia ka ain (ym shim khot ia ki kita ki riewbymman) la wanrah ia ki khmat jong ka Juvenile Justice Board (JJB) ym ha ki iing kashari kumba leh ia kiba la heh. Ka JJB ka don I I Judicial Magistrate bad ar ngut ki nongtrei social worker bad iwei na kine ki nongtrei ide i ban dei I kynthei. Ine I nongtrei social worker ide i ban dei I briew iba la treikam bha ha kaba iadei bad ka koit ka khiah, ka pule puthi, ne ha kino kino ki kam na ka bynta ka bha ka miat jong ki khynnah ne I lah ruh ban dei iba la pyntbit ia lade ha ka jingpule jong ka psychology jong ki khynnah, psychiatry, bad kiwie. Ia kane ka board la pynkup bor ba kan leh ia ki jingtohkkit (ym ka jingpynngat kyndon ain) ha aba iadei bad I khynnah iba la don jingthut bad ka ain bad ban ai ia ka hukum kumba la ong ha ka ain ne Act. Ym lah ban set along ha ka along ki pulit ia I khynnah, wat lada la long kumno kumno ruh. Lada ka Board ka sngew ba ine I khynnah iba don jingthut bad ka ain I donkam ruh ia ka jingiada bad ka jingsumar kumta la phah noh ia ki khynnah sha ka CWC ban leh ia kaba donkam. Ka Board ka donkam ban pynlong

ia ki jingbishar ia I khynnah ha Observation Home ne ha ka Special Home ne ha kano kano ka jaka sah kaba jan bad I khynnah.

Ka JJA ka kyndon treikam jong ka ka long “Once a juvenile, always a juvenile” ne “Shisien badei khynnah, yn long beit I khynnah” kumta, Lada ino ino I briew idei hapoh 18 snem ka rta ha ka sngi ba I leh kam sniew e bad dap 18 snem ha ka por ba tohkit, u / ka dang dei ban shim ba I dei I v khynnah ha baroh shi lynter ka jingtohkit.

Ka hukum da ka JJB

Lada ka JJB ka shem ba I khynnah ki la leh bakla, ka lah ban ai ia kine ki hukum harim da kaba peit shwa ia ka rta I khynnah bad ka jingeh jong ka kam rukom kata la kadei kaba malu mala, kaba kham her ne kaba la shyrkhei.

- Ka ai jingpynsngewthuh, ban maham bad ban sneng ia kum ita I khynnah bad ia ki nongri kumjuh ruh ia I kmie i kpa jong u/ka khynnah.
- Dei ban phah ban leh ia ki jingshakri ha shnong kum ka jingthung dieng, ban iarap kam ha ki jaka buh kot ne library bad kiwei kiwei.
- Ban dain kuna ha kaba ka kuna dei ban siew da I khynnah, ki kmie ki kpa ne ki



nongri

- Ban pyllait noh shwa ka por hadien ba ka jingim ka la beit bad ban buh hapoh ka jingri jingsumar jong ki kmie ki kpa, I nongri ne ino ino I brieve kiba biang ban peit.

- Ban buh ha ki iing Special Home ban pynsah shipor hynrei ym palat ia ka 3 snem.

Hynrei ym dei ban buh shuh ia ki jingthoh pyrshah ia ki ioh ka ktah ia ka jingim jong ki hadien habud kum ka jingioh kam sorkar, ban apply passport bad kiwei kiwei.

Hapoh jong ka POCSO ka jingbishar ka long kaba kyrpang *ka jingbishar ba la tip kum ka in camera trial, ka jingbishar kaba iahap bad ki khynnah bad kaba la leh ha la ki distrik, kaba sted ka mukotduma (ia kaba la ju khot kum ka POCSO courts) la buh ia kine ban tian bishar ia ki nongleh.

- Ka iing bishar ba kyrpang ne Special Court ka lah ban ai pisa sha ki lanot.
- Ym dei ban wanrah ia I khynnah ha khmat jong ita iba la shah kynnoh donkti ha ka por ba dang ia id ka jingtohkit.

*Ka in camera trial ka mut ba ki brieve kim lah ban don ha ka kamra bishar. Ka don ka jingker la ka jong ia I khynnah bad ia uba donkti. U nongsaid ain ba iada ia uba shah kynnoh um lah ban kylli jingkylli mar khmat ia I khynnah.

iadei bad ka jingmut jingpyrkhat I khynnah, bad ka shim ba I khynnah idei hi I khynnah ym kum I rangbah. Ha kum kine ki mukotduma, ka jingtreikam ka children's court ka long kum ka JJB bad ka lah ban ai ia ki hukum.

b. Lada ka children's court ka mynjur bad ka jingshem jong ka JJB, ka shim ia I khynnah kum I rangbah, hynrei ki don pat ki kyndon. Nuksa, ym lah ban rai pynrem da ka jingiam ne ban set along shi junom khlem pyllait shuh.

Ka jingkhein ka rta ia I khynnah ne Juvenile

Ka JJA ka ai ka rukom khein ban tip ia ka rta jong I khynnah ba hap ha ka juvenile ne hapoh 18 snem. Ka ain ka ong:

a. Lada ka long tang na ka rukom long ha ka dur ka dar I khynnah, ka Board ka rai ba I khynnah ba la wanrah ha khmat jong ki idei I khynnah te ha kum kine ki khep, ka donkam ban buh jingthoh ia kane ka jingiohi jong ki da kaba ong ba ka rta kaba iajan bad ka rta I khynnah bad kumta ka la lah ban ia id shakhmat ia ka jingtohkit khlem da hap ban ap shuh ia ka jingpynshisha ia ka rta.

b. Lada ka Board ka don ia ki nongrim ba biang ha kaba iadei bad ka rta I khynnah

te ka lah ban bud ia kine ki kyndon harum:

- (i) Ka Tarik shikha katkum ka certificate sngikha na skul ne jong ka exam matric ne kino kino ki certificate ba iahap bad kane, bad lada ym don kine;
- (ii) Na ka certificate kha ba la ai da ka corporation ne na municipal ne na ka panchayat;

Shu buh noh, lada I nonghikai ne iba trei ha skul I tip shaphang kane ka jingjia ia I khynnah ba I la shah lebor ha iwei pat I nonghikai ne iba trei ha skul, ka/u dei ban pyntip ia I Principal ne I khlieh nongpyniaid skul. Ka/ u dei ban pyntip ia ki pulit ne ka Special Juvenile Police Unit - SJPU lada I Principal lane I khlieh nongpyniaid skul im iathuh. Lada I principal im lah ban ai ka jingujor in shah pynshitom shi snem bad in shah dain kuna. I nonghikai ne nongtrei ha skul ruh ki lah ban shah pynggat kyndon lang ba kim lah ban ukor bad kin shah pynshitom da kaba set phatok 6 bnai bad shah dain kuna.

khynnah” kiba hapoh 18 snem. Kane ka ain ka pyndap lut ia baroh ki jingduna

I khynnah ruh ba leh ia kum kine ki kam runar i lah ban shah pynggat hapoh jong ka POCSO Act hynrei ka ka jingbishar ia ki yn shitim daka Juvenile Justice Board katkum ki kyndon ba la buh da ka Juvenile Justice (Care and Protection of Children) Act 2015 bad ki rukom pynggat kyndon kim long da kaba ai ki jingpynshitom hynrei ban wanrah ka jingkylla bad iarap ban pynbha ia ki.



Ki bun ki jingleh pyrshah ia ka ain hapoh jong ka POCSO Act kiba trei kam tang lada ka don ka jingthom ban thombor ia ka longrynieng, ka jingmut jong ka jingthmu jong ka jingthombor ia ka longrynieng

Nuksa 1: I nonghikai biology I pyni ia ka phlim kiba iadei bad ki dkhot met ban batai shaphang ka met briew kum ia kita kim hap hapoh ka POCSO Act.

Nuksa 2: I khynnah iarap I pynkyllyiang ia ki jain kiba la jaboh jong I khynnah ba shong klass KG watla I khynnah im sngewtynnad ia kane kim hap hapoh POCSO Act.

Kam don ka jingbatai kaba shai ha kaba iadei bad kiei kita ki 'jingthmu'. Ki jingshisha bad ki jingjia katkum ba la barai ha ka iing shari kin sa batai la ka don ne kam don ka jingthmu jong kine ki jingleh khlem akor. Watla katta ruh, kane kan shong ha ka rukom batai jong ka iing shari.

Ka POCSO kadei ka ain ba pyrkhing bha namar ka jingdon ki kyndon kum ki:

- Ka jingban khia ban wanrah ia ki jingpynshisha ka long ia lba shah kynnoh ban pynshisha ba ka/u kim donkti ha ka jingshah kynnoh
- Hapoh jong ka POCSO Act lada don kano kano ka jingshah batbor dei ban uxor sha ki pulit ne sha ka Special Juvenile Police Unit (SJPU). Lada ym lah ban iathuh shaphang ka jingjia ne ka jingpyrshang ban leh ia kane ka kam bymman kadei ka jingpynkhein ain, kaba lah ban pynshitom da kaba set phatok bad ka jinghap ban siew khajna. Ka jingteh kynnoh ba donkam ban pyntip shaphang ka jingshah batbor hapoh jong ka POCSO kan long na ka bynta baroh ki skul (skul shimet/ skul sorkar). Ym lah ban bishar ia kane da ka skul da kaba pynlong ia ki jingtohkit bad ka jingiamap.

- Ka jingpynngat kyndon da ka jingrai pynrem da ka jingiap.
- Ka jingpynshitom na ka bynta kiba pynshlur ban leh ia ki kam sniew ka

E. *Aggravated Penetrative Sexual Assault ne ka jinglehbor kaba la shykhei haduh katta katta -

Ha kano ka por ba jinglehbor ka long kaba shykhei – peit ia ine I synduk ba don ki jingthoh ba tai ia kata
Ia ki jingpynshitom- peit ia ki jingthoh ha ka synduk.

ka Ka jinglehbor ia ka longrynieng bad ka jinglehbor da kaba tyndung la nang pyniar bad buh shuh shuh ia ka jingbatai kum ka aggravated sexual assault bad aggravated penetrative sexual assault. Aggravated kamut lada ka jingthombor ka long da I briew iba ioh ka jingshaniah bad kata kan kynthup ia bun ki briew na ka tnad pulit, shipai, ki nongtrei bad nonghikai ha ki jaka pule, ki nongtrei ha ki hospital bad kiwie kiwei., dei ka jingleh beijot kaba wanrah haduh ka jingiap ia ki khynnah iba hapoh 12 snem ka rta bad kumta ter ter.,

Ka jingbuh ia ki dur ki dar, ki phlim, bad kiwei kiwei kiba iadei bad ki jingleh khlem akor jong I khynnah, kadei ka kam sniew hapoh jong kane ka Act. Ka jingpynshitom ka long ba hap ban siew 5,000 tyngka bad haduh 7 snem bad lah ban shah dain kuna. Ka jingjur ka jingpynshitom ka shong lada I nongleh I iaibteng ban leh ia kane ka kam, ka jingmut jong I briew ka long ban pyndonkam ia kane na ka bynta ban pyniaid iew bad kiwei kiwei.



jingpynmih ia ki dur, ka jingpyni ia ki phlim ha ki ryanan pathai, computer, television, internet ne kino kino ki kor technology na ka bynta ban pynkhreh, ban pynmih, ban tyrwa, ban shon, bad pyniaid ne pynshaphriang ia ki dur ki dar bad ki phlim khlem akor.

Ka jingpynshitom- Ka jingset nhatok ha 3 snem haduh 5 snem bad kin shah dain

Ka jingpynshlur ban leh kam sniew kamur ban ai mynsiem, bad iarap, ban ia sylla bad kiwei ki briew ban leh ia ki kam sniew. Kino kino ki briew kiba iarap ban leh ia ki kam khlem akor da kaba iai bteng ban iarao iano iano ne ba iada ia I nongleh kam sniew la tip ia I kum ita I 'abettor' hapoh kane ka ain. Shu buh noh, I nongshong shnong I wallam ia I khynnah kynthei ba 14 snem na shnong namar I don jingpang ha ka sniehdoh ban leit sumar ha u briew uba kam ba ioh bor na u blei bad uba lah ban pynkhiah. Une u briew u rah ia ine I khynnah sha kamra bad lehbor ia I hapoh ka jingong ban sumar ia I, bad ka kurim jong u ka ieng ha jingkhong ban iarap ban ym don ba rung wat lada ka kam ba u thombor ia ine I khynnah. Ia kane ka kurim la tip kum ka abettor namar ba kam shym la khang ia ka jingleh hynrei ka la pynshlur ia kane ka jingleh da kaba ka ieng ha jingkhong.

Ka jingbuhkhop ia ki sabut bad ka jaka ba jia ka jingjia

Ka long kaba donkam haduh katta katta ban buh khop ia ki sabut bad kumta ki nongpyniaid skul kidei ban shim ia ki sienjam ban iada ia kata ka jaka ban ker ia ka jaka ba jia ka jingjia bad pyntip ia ki pulit. Ka jingpynjot ia ki sabut kadei kaba long pyrshah ia ka ain hapoh jong ka Section 201 jof the IPC. Mano mano kiba pynjot ia ka sabut bad ai ki jingtip kiba baka ha kaba iadei bad ka:

- Ki jingleh kiba lah ban shah rai pyniap- kin shah pynshitom bad shah set phatok haduh 7 snem bad kin hap shah dain kuna

Ka jingujor bym dei hapoh jong ka POCSO

Mano mano, kiba uxor ia bym dei ne ki ai ia ki jingtip bym dei pyrshah ia ki brieve kin shah pynshitom haduh hynriew bnai bad shah dain kuna. Hynrei, kane ka ain ka ong pat ba I brieve in ym hap ban shah pynshirom (siew ia ka jingshah dain kuna) ne shah (set phatok) lada I ai jingtip shaphang ka jingpynshang ne ka jingthombor pyrshah ia I khynnah lada I don da ka mynsiem kaba I sngewieid bad kwah iarap hok ia I khynnah. Ka jingmut jong kane ka long ba yn ym hap ban shim ia ka rai jong ka ain kum ia ine I brieve iba leh da ka jingsngewieid ne 'good faith' ban pyntip shaphang ka jingjia. Ka jingbatai shaphang kane ka ktien 'good faith' lah ban shem ha ka Section 52 jong ka IPC, kaba batai ba “Ym don kano kano ka jingong ne jingleh ne ka jingngeit ha ka 'good faith' kaba la leh bad ngeit khelm ka jingsngewthuh ne peit thuh bha.” Nuksa: lada I brieve I pyntip ia ka jingjia katkum ka jingtip ba I khynnah I la shah lehbor da u mama jong u/ka hadien ba la iakren bad I khynnah, doktor, I bahaiing, te kumta lah ban ong ba ine I brieve I pyntip

I khynnah I bym lah ban pyntip ia ka jingleh, I shu uxor khlem dei shaphang ka jingleh ym lah ban pynngap kyndon ia I hapoh kane ka ain ne Act.

katkum ka good faith. Kane kan long kum ka jingiada lada uta u mama u ukor mukot duma pyn mynrain khmat pyrshah ia I.

Ki kyndon ba kyrpang jong ki skul ha Karnataka

Ha ka snem 2014, ka tnad the Department of Public Instruction, ka sorkar Karnataka ka la pyllait ia ka jingthoh kaba iadei bad ka jingiada na ka jingshah lehbor, ka jingleh beijot bad ka jingshoh beit ia ki khynnah ba pule ha ki skul bad college jong ka jylla. Hadien kane bun na ki jylla kiba la pynbud bad ai kijuh ki



jingthoh. Ka sorkar Ka jingthoh ne circular jong ka sorkar Karnataka ka lah ban long kum ka check list na ka bynta ban wanrah ia ki kyndon ban ai jingshngain ha skul. Ki katto katne ki kyndon ha ki skul ha Karnataka ki long kumne harum:

- Ki skul kidei ban ai ia ka kyrteng ka kyrteng jong ka jaka sah jong ki dkhot ka School Management Committee sha ki police station.
- Ka kyrteng bad jaka sah ki nonghikai dei ban register ha pilice station bad pyntip sha man ka por.
- Ka skul kadei ban thung ia ka 'Child Protection Committee'. Kane ka Committee kadei ban don ha man la ki kyrdan ban iada na ka jingshah lehor bad kiwei kiwei ki jingpynshitom ia ki khynnah
- Ban shim ki sienjam ban pyntikna ba l khynnah in mih na skul tang bad ki kmie ki kpa ne bad kito kiba la ioh bor ban wanshaw ia i.
- Ban thung nongtrei ban niah kali, ban ap pahara, ban pynkhuid bad kiwei kiwei lyngba ki jaka ai kam kibua la ithuh bad dei ban ioh ka jingpynshisha na ki pulit.
- Dei ban buh lang ia l nongap pahara kynthei bad shynrang kiban peit ia ki jaka rung jaka mih ha skul- bad peit ruh ia ki nongrung nongmih.
- Ban wah ia baroh ki phone number kum ka Child Welfare Committee, Child Helpline 1098, District Child Protection Unit - DCPU, Special police unit na ka bynta ki khynnah ha ki notice board.
- Ban pyntikna ba ki nongap pahara ki peit ba ym dei ban don khynnah ne ki nonghikai ha skul hadien ba la wai skul.
- Ban pyntikna ba ym dei ban pynshitom kum ka jingset skul ha ki kamra ba dum ne phah ieng ia ki sha bar kamra klass bad kiwei kiwei.
- Ban buh ia ki CCTV ha man la ki kamra klass bad ha kylleng ka skul bad buh arngut ki nongtrei kiban pyntip ia ki jingtip ba la ioh na ka jingring dur jong ka CCTV.
- Ban pynlong ia ki jingialap paidbah bad ki jingai jinghikai ia ki nongpyniaid skul, ki nonghikai, ki nongtrei skul shaphang ka POCSO Act bad ki kyndon jong ka.
- Dei ban buh ia ka synduk ha kaba ki khynnah ki lah ban buh ia ki jingujor, bad peit ia ki bad leh eiei ha kaba iadei bad kane man la ka taiew
- Ban ai ID cards sha baroh ki nongtrei, ki nongniah kali, ki nongiarap, ki nongshet bad kumta ter ter
- Ban peit bad buh dak ia baroh ki jaka bym shngain ha skul.
- Baroh ki skul kidei ban pynkhreh ia ka plan kaba iadei bad ka jingshngain l khynnah khnang ban don ka jingshngain ha skul.



- Ha kane ka plan dei ban don baroh ki kyndon bad ki kamram, na ka bynta ki nonghikai, ki kmie ki kpa, ki khynnah pule bad ki dkhot .
- Ka jingialang jong ki kmie ki kpa bad ki nonghikai kadei ban long na ka por sha ka por.

Ka Commissions for Protection of Child Rights Act (2005) CPCRC kaba la mih shwa ia ka POCSO Act ka ai ia ka jingmynjur ban thaw ia ka National Commission and State Commissions for Protection of Child Rights – <https://ncpcr.gov.in/> ia kane ka commission la khlieh da I chairperson bad ka don ia shibun ki bynta treikam kum ka:

Ban tohkit ia ki jingujor bad shim ia ki rai kiba iadei bad ka jingjia:

- Ka jingpynduh noh ia ka hok jong I khynnah;
- Ka jingbym pyntreikam ia ka ain kaba iadei bad ka jingiada ia I khynnah;

- Ka jingbym kohnguh bad ki kyndon treikam, ki jingbatai kiba pyrshang ban pynduna ia ka jingeh bad wanrah ia ka suk ka sain jong ki khynnah bad ban ai ka jingsngew hun sha ki khynnah;
- Ne ban kren halor kino kino ki mat kiba mih bad ki bor ba



Napdeng kiwei kiwei ki thup kum ka jingshah die jong ki brieve, ki dkhot kiba dei ki scheduled caste ne scheduled tribe, bad kiwei kiwei., ka jingshakri ha ki kam ain sha baroh ki kynthei bad ki khynnah. Kane ka ain ka long ban ai jingkyrshan ban pynioh jingsiew ia ki lanot kata ki khynnah bad ki kynthei kiba hap ha ka jingshah lehor

lynti ban iada ia ki khynnah. Katkum ka kyndon ain jong ka “protection of child



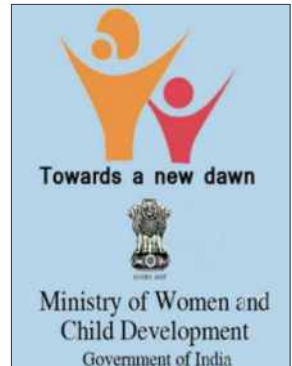
rights” ne “ka jingjadi ia ki khynnah” bad ka “best interest of the child” ne “ka jingbit jingbiang ki khynnah”, ka ICPS ka noh synniang ban kyntiew ia ka bha ka miat jong ki khynnah, bad kumjuh ban pynduna ia ka jingeh bad jingpynshitom pyrshah ia ki, ka jingnion bein, ka jingkyntai, ka jingiakhlad ia ki khynnah bad ki bahaiing. Ka ICPS kadebi ka scheme ba bei da ka sorkar pdeng bad la pyntreikam da ka sorkar jylla. Ka District Child Protection Unit (DCPU) ka trei hapoh jong ka ICPS ha district. Ka DCPU ka ia treilang ban ai ki jingshakri ban ai ka ho kia ki khynnah ha ka district level. Ka treikam hapoh jong l chairpersonship jong ka District Collector/ District Magistrate.

Ka National Legal Services Authority or NALSA (www.nalsa.gov.in) la thaw hapoh jong ka Legal Services Authorities Act, 1987 ban ai jingshakri ha ka liang ki kyndon ain na ka bynta kito kiba kham duna ha ka ioh ka kot ha ka imlang sahlang bad ban pynlong ia ka Lok Adalats na ka bynta ban pynbeit ia ki jingeh bad ki jingiakajia.

U Chief Justice of India (CJI) u dei u khlieh jong ka NALSA. Ha man la ki jylla, ka State Legal Services Authority (SLSA) ka la thung ba kan nang pynkhlain shuh shuh ia ki kyndon treikam jong ka NALSA. Ia ka SLSA la khlieh da u Chief Justice g ki High Court. Ha man la ki distrik, ka thung ia ka District Legal Services Authority (DLSA) ban pyntreikam ia ka Legal Services Programmes ha ka District. Ka DLSA ka don ha District Courts Complex ha man la ki district bad khlieh da l District Judge jong ki district. La thung ia ka kynhun jong ka Taluk Legal Services Committees na ka bynta man la ka Taluk ne Mandal ne ka bynta ka kynhun jong ka Taluk ne Mandal ban iatreilang ban pyniaid ia ki jingshakri ha ki ka main ha ki Taluk. Man la ki Taluk Legal Services Committee la khlieh da U senior Civil Judge uba treikam hapoh jong ka jingpeit ka Committee.

Ka NALSA ka thung da ki nongtreimon sngewbha ne volunteer (kiba la tip ruh kum ki 'Para Legal Volunteers - PLV') kiba don ha ki kam bapher bapher ha ka jingim kum ka: ki nonghikai ba la shongthait, ki nongtrei sorkar ba la shongthait, ki dkhot ki seng treimon sngewbha, ki seng iarap lade, ki nongtrei "aganwadi",

panchayat, kito kiba la dep pule puthi hynrei kiba shah set phatok tangba ki la kylla ka jingim bad kiba shah set slem. Ki trei ha ki shnong ki thaw bad ki long kum ka jingkieng hapteng ka Legal Services Authorities bad ki paidbah khnang ban pyntikna ba ki jingshakri ha ki ka main kin poi sha baroh ki briew, ka jingpyniaid ia ki scheme sorkar na ka bynta bkito kiba dei hok ban ioh jingshakri, bad ioh ia ka jingt看 shaphang ka ain, bad ka long ruh ka jingpyntikna ban ioh iak a jingshakri ka ain sha baroh. Ki ai ia ka jinghikai da ka State Legal Services Authorities. Ka jingpule ba dei ban pyndep ban long kum ki PLV kadei ka matriculation.



Ha India, ki jingshah thombor namar ka jinglong kynthei ka don bun ki liang; naduh ka jingshah lehbein ha iing ha sem kaba salonsar bha bad kynthup ruh ia ka jingshah leh beijot, haduh ka rukom pyniathuh ba hap ban siew ia ka bai iathoh ne dowry, ka jingpyniaid namar ba dei khun kynthei ne honour killing, ka jingthoh da ka acid, ka jingpyniaid namar ka jignsuba ai ksuid, ka jingthombor ia ka long ryenieng, ka jingthombor ia l khynnah, ka jingshah die noh ban pyndie met ia ki kynthei, ka jingpyniathoh dang rit, ka jingjied bad pynhap khun namar ba dei khun kynthei, bad kiwie kiwei. ka MWCD, ka sorkar India ka la thaw ia kane ka Scheme ka sorkar pdeng ban buh da ka One Stop Centre ne ka jaka pdeng , kaba logn ka scheme ba hapoh ka shatri jong ka National Mission for Empowerment jong ki kynthei kynthup ia ka Indira Gandhi Matritva Sahyaog



Yojana. Ba la tip kum ka Sakhi, ia kane ka scheme la pyntreikam naduh ka 1 tarik laiong 2015. Kine ki Centre la dep ban buh ha kylleng ka ri ban ai jingkyrshan ia ki kynthei kynthup ia ki khynnah kynthei hapoh 18 snem kiba shah thombor, ha iing ha sem ne ha jaka paidbah. Kane ka centre ki don bad ki Helpline na ka bynta ki kynthei ban iarap ban wanrah kine ki jingshakri:

- a. Ka jingiarap kaba kloj haba donkam
- b. Ka jingai jingsumar
- c. Ka jingiarap ia ki kynthei ban pynujor ejahar
- d. Ka jingkyrshan na ka bynta ban pyntneng ban pynsngewthuh ia ki ne Psycho-social support
- e. Ban batai shaphang ki ain bad ai ki jingpynsngewthuh
- f. Ban ai jaja sah
- g. Ban sneng ban khraw bad ia kren lyngba ka Video conference

Phi lah ban ioh ia ka list jong ka One Stop Centres na ka National Repository of Information for Women (NARI) <http://nari.nic.in/> ba la pyniaid da ka MWCD, ka sorkar India.

Ka National Database on Sexual Offenders dei ka National Register of Sex Offender ne ka register ba don lut baroh ki kyrteng jong ki nongbatbor ha kylleng ka India. Ka don lut baroh ki jingtip ba bniah shaphang kine ki briew naduh ka snem 2005 khnang ba yn lah ban peit bad buddien ia ki. Ka NDSO ka sdang ban treikam naduh ka snem 2018 bad ka don ia ki jingtip jong palat 4 lak ki nongleh kamsniew ba la ngat ha ka ba la shah pynrem. Kine ki jingtip ba bniah lah ban ioh tang ki bor ka ain ym ki paidbah. ka National Crime Records Bureau (NCRB) ka dei ka nodal agency ban peit ia ka NDSO. Ki nongleh kam sniew la buh ia ki ha ki thup bapher bapher kum kito kibym da ma, kiba dang kham ma bad kiba ma bha ha kane ka register katkum ka kam ba ki leh. Kane ka register ka buh ia ki jingtip na ka bynta ka:

- 15 snem na ka bynta kito ki nongshah pynrem kibym da ma ne “low danger”.
- 25 snem na ka bynta kito ki nongshah pynrem kiba kham ma malu mala ne “moderate danger”.
- Bad baroh shi jingim ne “habitual offenders” kum ki briew kiba la sniew bha, ki nongbat bor kiba la shah pynrem.

Ka NDSO ka don ia ki kyrteng, ka dur, ka jaka sah, ki dien shympriah kti, ki jingtip kiba iadei bad ka DNA, Aadhaar bad PAN numbor jong kito kiba la shah rai pynrem. Kane ka jingrai ban buh ia kum kane ka register la shim ha u bnai laiong 2018 hadien ka jingmih ka jingshah leh beijot jong ki khynnah rit, ba kynthup ia ka jingshah leh beijot jong I khynnah kynthei ba phra snem ha Jammu & Kashmir (Kathua). Ka India kadei ka ri kaba khyndai ban don ia ka NDSO.

Na ka bynta ki khynnah kiba la heh kiba shen kin sa leit college/universitie ne kiban sdang ban trei ban kyrshan ia ka jingpule jong ki/ ha iing ha sem, kumta la wanrah ia ka ko ban kren shaphang ka Motor Vehicle Act, ka jingiada na ka jingpynshitom jong ki khynnah bad ka jingleh bor ia ka long ryenieng jong ki kynthei ha ki jaka trei (POSH Act).

- Ka rta ban ioh ia ka licence ba pura ban niah kali ka dei 18 snem.
- Lada pynkhein ain da ki khynnah ba hapoh khatphra snem, ki nongpeit ne ki traw kali kin hap bah khlieh, tang lada ki lah ban pynshisha ba ki ba leh

ka Motor Vehicles Act - MVA ka mih ha ka snem 2019. Kane ka ain ka buh ha khmat ia ka jingiada ia ki khynnah bad kito kiba iaid ba ieng ha surok bad kiwei kiwei. Kine ki long ki bynta treikam ba ha khmat:

- Ka jingdain kuna na ka jingpynkhein ain kum kaba dih kyiad por niah kali/ ka jingniah thurmur/ ka jingniah khlem licence/ ka jingpynsted palat/ ka jingbym deng ia u seat belt ne ka helmet/ ka jingiaid ha ka por ba meh light saw/ ka jingkren phone por ba niah kali bad kiwei kiwei ka la nang kiew.
- Ka jingai license ha India ka dei kaba peit ia ki nongniah kali bad ka jingtbit



jong ki nongniah kali ha surok. Kane ka jingai license ka la long digital bad la pynlong beit kaba salonsar ha baroh kawei ka ri.

- Ki jingiap kiba jia na ka jingtyndrah kali bad ka jingphet noh jong kiba tynrah, ka sorkar ka ai jingsiew.
- Ka ain ka don ki kyndon kiba ai jingiada ia ki brieve kiba leh bha. Kito kiba mih sha khmat ban iarap ia ki lanot kiba shah tynrah kali kin ioh ka jingiada na ki kam mukotduma kiba iadei bad ki jingpynkhein ain. Ki lah ban jied hi la ki kwah ne em ban iathuh ia ka kyrteng sha ki pulit bad sha ki doktor.
- Ka long kaba donkam ban kylliang ia ka kali ban long kaba iahap na ka bynta ki brieve kiba duna dkhot met.
- Ki Contractor, consultant bad ki civic agencie ki lah ban hap ha ka jingshah pynshitom na ka bynta ka jingshna kaba bakla, ka jingbym pynbiang ia ka lynti syngkien bad ki surok kaba lah ban lam sha ka jingtakhuh kali.
- La buh ia ka por haduh hynriew bnai ban apply iaka Claims Tribunal ha kaba iadei bad ka jingtyndrah kali.
- Ka sorkar kan sa shim noh ia ki kali kiba ka engine ki bym biang ruh ki jingiada.
- Ki nongshna kin shah dain juna 500 klur tyngka lada ki don ki engine ki bym long.
- Bun na ki scheme pynbna la wanrah ha kaba iadei bad ka jingshngain ha surok, ki kali kamai ha ki lynti shnong, ka jingpynioh ia ki kali sha ki jaka bapher bapher, ki kali kamai, ka jingpynbiang ia ki nongshong kali, ka jingtip shaphang ka license ba la leh lyngba ka online bad ban pynjlan ia ka rta jong ka license niah kali.

Ka license niah kali kadei ka kot ba ai jingpyntikan ia ki nongioh ia ka ba ki lah ban niah ia ka kalio. Ym don ino ino iba lah ban niah kali ha ki jaka paidbah, lada kim don ia ka licence ba la ai da ka sorkar, ban lah ban niah kali. Ha India, ar jait ki license ki don kawei kadei: Learner's Licence bad ka Permanent Licence. Ka Learner's Licence ka dei tang na ka bynta khyndiat bnai. Na ka bynta ban ioih ia ka Licence ba pura, phi dei ban ioh shwa ia ka Learner's Licence.

Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013 - POSH Act.

Kum ki khynnah kiba poi ha ki jinglong samla kiba dang pynkhreh ban sdang ia ka jingim thymmai, kiba don ka bynta kaba khraw ha ka kam ka jam. Bunsien ki khynnah ki sdang ban trei ha ki kompany kum kiba leit pyrshang. Ka jaka treikam jong ki kam don ki jingiada ban ia ka skul (khamtam ia ki kynthei) bad ki don ki ain ban iada ia ka hok jong ki nongtrei. Kawei na ki ain kadei ka Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013 (ba la tip kum ka POSH Act). La pyntikna ban wanrah ia ka jingshngain iaki kynthei bad

thaw ia ka jaka trei kaban yn burom ia ki kynthei bad ka hok jong ki. Ka jaka trei kaba shngain kadei ka hok ki kynthei.

La nang pynskhem shuh shuh ia kane da ka UN Convention halor ka phang kaba iadei bad ka jingweng noh ia baroh ki jingniew bein ia ki kynthei ne Elimination of all Forms of Discrimination against Women (CEDAW), kaba la pynrung da ka UN General Assembly ha u snem 1979 bad kaba la mynjur da ka India. Ka jingthombor ha ki jaka trei, ia kaba bunsien la ong ba kidei ki jingleh ki bym ktah eiei ne 'natural' khamtam hapdeng ki shynrang ne kadei ka jingbyrsia samla kaba ju leh bad ka bym ktah eiei ne 'harmless flirtation' kaba bun ki kynthei ki sngewtynnad, ka wanrah jingman bad kadei ka jingleh kaba long kum ka



jingthombor ia ka longrynieng ha ki jaka treikam. Ym tang ba kadei ka jingpynkhein ia ka hok longbriew man briew jong ki kynthei, “ban leh ia kino kino ki kam ne ban trei ia kano kano ka jingtrei, la ka long ha ka kam khaii pateng”; ka weng noh iaka jingbym ia ryngkat briew bad ka wanrah ia ka burom ha ka jaka trei. Kane ka ialam sha ka jingbym biang bad ka lah ban ktah ia ka ioh ka kot. Ban nang kham pynbha shuh shuh ia ka kam, donkam ban wanrah ia ka jingkylla ha ka umlang sahlang bad ka rukom long ki briew, kaba wanrah ka jingkam ia kaei kaba la jia ha ki lanot, bad kane kan pynkyiew ia ka jingbym iahap kyrdan ha ki jaka trei bad ha ka imlang sahlang. Ka Supreme Court ka la buh ia ki kyndon ha ki jaka trei, ki jaka pule bad kito kiba don ha ka bor, ban ai ia ka hok sha ki kynthei ha ki jaka trei. Ki lai tylli ki bynta ba kongsan ha ki jaka trei kine ki long: ka jingkhong, ka jingiada bad ka jingwanrah ia ki sienjam. Ka long kaba donkam ba kane ka Act kan wanrah ia ka jingiarap ia ki kynthei bad nalor kiwei ki ain kiba treikam mynta. Don kino kino ki kynthei kiba kwah ban pyntip shaphang ka jingshah lehor ha ki jaka trei ki don ia ka hok ba ki lah ban shim ia ki lad jingbishar.

“Ym dei ban don ino ino I khynthei iban shah thombor ia ka longrynieng jong ki ha ki jaka trei.” Section 3(1) of the POSH Act”

1. Mano ita I kynthei iba sngewsih: Kane ka ain ka peit ia ka hok jong man la I kynthei ba in ioh ka jaka treikam kaba shngain la I dei iba ha kano kano ka rta ne kano kano ka jait kam/ ka rukom trei jong i. Kumta, ka hok jong baroh ki kynthei la ka long ba ki trei ne leit sha ki jaka treikam la ka long man la ka sngi, shipor, shu trei adhoc, ne bylla sngi ka don ka jingiada hapoh jong ka Act {2 (a), POSH Act}. Ka kynthup ia baroh ki kynthei la ka long ba ki ioh kam hi ne thung da kino kino ki agent ba kynthup ia I contractor, la ka long da ka jingtip ne khlem ka jingtip jong I nongthung kam. Ki lah ban trei ban ioh ia ka jingsiew, ki trei mon sngewbha ne la ka long kumno kumno ruh. Ki lah ban pyntip ia ki kyndon ai kam ne ki lah ban pyntreikam ia kata. Shuh shuh I lah ban dei iba iatreilang, iba trei contract, iba dang trei hapoh ka jingpeit dang trei ban peit ia ka jingtrei ne probation, ba dang shah hikai, kiba wan shim ia ka jinghikai lyngba ka jingtrei, ne kiwei kiwei. Kane ka ain ka thew ruh ia ki kynthei, kiba sah iing briew (Kumba 93 na ka shispah ki trei ha ki jaka trei bym bym pat ithuh, kumta kim ioh ia ka jingiada hapoh ka ain. Khlem ka ain ne ka kyndon, donkam ban shim ia ki lad ki lynti ban pynlong ia kine ki jaka trei kiba shngain.)

pyntreikam ia kata. Shuh shuh I lah ban dei iba iatreilang, iba trei contract, iba dang trei hapoh ka jingpeit dang trei ban peit ia ka jingtrei ne probation, ba

dang shah hikai, kiba wan shim ia ka jinghikai lyngba ka jingtrei, ne kiwei kiwei. Kane ka ain ka thew ruh ia ki kynthei, kiba sah iing briew (Kumba 93 na ka shispah ki trei ha ki jaka trei bym bym pat ithuh, kumta kim ioh ia ka jingiada hapoh ka ain. Khlem ka ain ne ka kyndon, donkam ban shim ia ki lad ki lynti ban pynlong ia kine ki jaka trei kiba shngain.)

2. Kaei ka jaka trei? Ka jaka trei kadei 'kano kano ka jaka ba ki nongtrei ki leit ki wan ha ka por longtrei ne ha ka por ba la dep ban trei hynrei kaba iadei bad ka kam, kynthup naduh ki kali ban leit ban wan ba la ai da I nongthungkam." {2 (o). POSH Act, 2013}. Kumba la batai, ka jaka trei ka kynthup lang ia ki jaka treikam ba la ithuh bad ki bym pat ithuh. Katkum ka ain, ka jaka trei ka kynthup ia ka:

Ki jaka treikam sorkar, ba kynthup ai ki kompany sorkar, ki corporation bad cooperative society;

Ki jaka treikam shimet, ki kam ba la seng da I nongseng kam, ka society, trust, NGO ne kino kino kiba ai jingshakri bad kumta ter ter ha ka liang ka iadie ia thied,

Lada ki nongai kam kim lah ban thaw ia ka komiti hapoh jaka trei ne ka don ka jingmushlia ia ki kyndon ain ne ki kyndon ba la buh, dei ban pynshitom da kaba dain kuna 50,000 tyngka.

ki jaka ai jinghikai, ki kam sports, ki karkhana, ki karkhana ba pynmih ia ki jingpynbyrnia kum ki phliam, ki jaka trei kiba iadei bad ka koit ka khiah ne ki jaka trei ba ai jingshakri ha ka liang ka pisa pilain, ba kynthup naduh ka jingpynmih ia ki mar ki mata, ka jingshalan, ka jingdie, ka jingsam bad ka jingai jingshakri.;

- Ki Hospital/Nursing Homes;
- Ki jaka hikai ban lehkai Sport /ki jaka lehkai;
- Ki jaka ba leit da ki nongtrei (kynthup ha ka por ba leit ba wan) kynthup ia ki kali ban leit ban wan ba la ai da I nongthungkam;
- Ka jaka saw ne ka iing.

Kane ka ain ka batai shaphang ki bynta treikam ki bym pat ithuh kum ka:



- Kino kino ki jaka treikam ba long trai da I brierw shimet ne ki brierw kiba seng kam lade kiba pynmih ia ki tiar ki tar bad ai jingshakri kiba har rukom;
- Kino kino ki jaka trei kiba don ki nongtrei duna ia ka 10 ngut

3. Kaei ka jinglehbor ia ka longryning ha ki jaka treikam? Ka kynthup ia baroh ne bun na ki jingleh kumba la kdew harum ki bym lah pdiang (lada long ba ki leh mar pyrshah ne da kaba shu kren ne pyni) {3(2.), POSH Act, 2013}, namely:

- a. Ka jingpynde i ka met ne ka jingpyrshang
- b. Ka jingdawa ne ka jingpan ban leh ia ki kam khlem akor
- c. Ban kren pyndom kaba thew sha ka jingleh khlem akor
- d. Ka jingpyni ia ki phlim khlem akor
- e. Kino kino ki jingleh bym lah pdiang la ka long da ka met, ne da ka jingkren ne khlem da kren ruh hynrei kiba thew sha ki kam khlem akor

4. Mano ba dei I nongaikam?

- a. I khlieh duh jong ka tnad treikam, ka kynthun, ki jaka ai jinghikai, ki ophis treikam, ki shnat ne ki tnad sorkar ne ki jaka treikam ba peit da ka shnong ne kino kino ki ophisar kiba dei ia kane.
- b. Mano mano ruh (la ki long kiba trei contract ne em) kiba don bynta ban pyniaid kam, ban batai ne bhah kam ne ba pyniaid ia ka jaka trei kaba khlem hap ha ka clause (I).
- c. I brierw ne ka longing kiba ai kam ne kiba ioh myntoi da kaba buh ia ki nongtrei ne ki nongtrei kynthei.

5. Ka rukom ne kyndon ban buh ia ki jingujor: Kane ka ai ka don ha ka ia ki ar tylli ki rukom buh jingujor.

- a. Internal Complaints Committee (ICC) bad
- b. Local Complaints Committee (LCC).

a. Ka Internal Complaints Committee (ICC): Kadei ka jingtreikam hapoh jong ka ain kaba I nongaikam idonkam ban buh bad ban bud beit bud ryntih ha ki jaka trei kaba don palat shiphew ngut ki nongtrei bad kane ka long katkum ka Section 4 jong ka ain. Kane ka komiti kadei ka kynthun kaba la buh ha ka jaka trei kaba kino kino ki kynthei kiba don ka jingujor kiba iadei bad ka jingshah thombor ki lah ban leit buh ia ki jingujor jong ki. Man la I nongaikam idei ban buh ia kane ka ICC lyngba ka hukum kaba ia id da ka jingthoh. Ka don ia kine ki dkhot:

I. I Presiding Officer bad ine idei ban long I kynthei iba la bat ia ka kyrdan kaba la heh; lada ym don thung da ino ino na ka jaka treikam/ ka shnat ne ka tnad

treikam napdeng ki nongtrei jong ine I nongaikam.

II. Ar ngut ki nongtrei kynthei napdeng ki nongtrei kiban peit ia kane ka kam kaba iadei bad ki kynthei.

III. Iwei I dkhot na ka seng treimon sngewbha ne NGO ne ki seng kiba trei na ka bynta ka bha ka miat ki kynthei.

b. Ka Local Complaints Committee (LCC): I District Officer I dei ban thaw ia ka LCC ha man Ia ki distrik khnang ba ki kynthei kiba trei ha ki jaka trei bym pat ithuh ne ha ki jaka trei kiba rit kin lait na ka jingshah lehbor. Ka LCC kan ioh ia pdiang ia ki jingujor:

I. Na ki kynthei kiba trei ha ki jaka trei ba ki nongtrei ki duna ia ka 10 ngut.

II. Haba ka jingujor ka long pyrshah ia I nongaikam.

III. Na ki nongtrei iing briew.

Ka jingsuba ba nyngkong jong ngi ba ka lah don ka jingshah lehbor ka long ka jingsdang ban iohi ia ki jingkylla ha ka rukom long ne ha ka met ka phad jong I khynnah I ba la shah





lehbor lane lada l khynnah l wan ban iathuh ia ka jingshah lehbor pyrshah ia i. ka long kaba donkam ba ngin pyni ia ka jingsngew jong ngi, hynrei da ka rukom kaba dei. Lym kumta ngin nang wanrah jingma shuh shuh ia l khynnah.

a. Ka long kaba donkam ba ngim dei ban leh ia kine:

- Ban shu leh kyrkieh.
- Ban kynnoh ia l khynnah.
- Ban kylli jingkylli ia l khynnah.
- Ban 'kylli balei'.
- Ban pynthut.
- Ban ai ia ka jingsngew jong phi/ ka jingmynjur lane ka jingbym mynjur.
- Ban pyrshang ban pynshisha ba ka jingshah lehbor ka la jia.
- Ban pyni ba phi kyndit, ban dom ne sngew kynjing.
- Ban pynbor/ pynkyrkieh ban kren.
- Ban ong ia l khynnah ban klet noh ia kaba la jia/ bym dei ban kren shaphang kata.
- Ban pynbor ban ai ki jingtip.
- Ban sdang ban ktah ia l khynnah ban ai jingpyntngen kum ban kdup, ban bat kti bad kiwei kiwei, lait noh sa tang lada l khynnah l pdiang ia kata.

b. Kine kidei kiei kiei kiba ngi lah ban leh:

- Pynshai ia l khynnah ba ngi don beit ne ngi lait beit ban iakren bad l.
- Phi dei ban long jai jai bad don ka mon ban shong jar jar bad l khynnah, ap ia l ba in kren, ym ba ngin shu kylli jingkylli tang namar ba l sngap jar. Ki khynnah ki donkam ban ioh ia ka jingsngew ba kidei kiba ieid bad kiba kordor.
- Ka jinglah ban long jai jai kan iarap ia ki ba kin ym sngew pher.
- Lad l khynnah l kren, sngap khlem da pynthut lait noh sa tang lada ka jingkren jong phi ka ai mynsiem ia i.
- Ngeit ia kaei ba l khynnah l iathuh. Ki khynnah kim ju kham thaw khana shaphang ka jingshah lehbor. Ka jingngeit jong phi ia l khynnah kadei kawei na ki mawjam kaba iarap ban pynduna ia ka jingsngewsih na ka daw jong ka jingshah thombor.
- Ai ka jingsngew shngain ia l khynnah haba l iathuh ia ka jingsngew jong i. Dei ban ailad ia ki khynnah ba kin pynsngew ia kaei kaba ki don ban pynsngew bad ai ka jingsngew shngain ia ki.
- Donkam ban shimkhia bhai a ki ba kin bteng ban iathuh ia ka jingsngew bad ba kin duna ka jingsngewsih.

16. Govt. Logos/ Policies/Schemes kiba la dep
ban pynrung ha ka kot kaba ki khynnah ki lah
ban thoh ne workbook



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BUH KI JINGURJOR HA -

Child labour da kaba leit sha - <https://pencil.gov.in/Complaints/add>
Child sexual abuse-CSA at POCSO E Box at

https://ncpcr.gov.in/user_complaints.php **Or**

Ki numbor phone ba lah ban phone khlem hap siew pisa 1800115455,
9868235077, 1098

Food adulteration by SMS/ WhatsApp ha - 9868686868

National Cyber Crime Reporting Portal

<https://cybercrime.gov.in/>

BAN WAD – la ki khynnah ba jah ha-

<https://trackthemissingchild.gov.in/trackchild/index.php>

BAN TING KHUN-

la I khynnah ha <http://cara.nic.in/>

KI NUMBOR BA LAH BAN IOH IA KI JINGIARAP

Ka National Disaster Response Force (NDRF) 9711077372

Railway Police Helpline 1052

Trangender ba la ioh jingbit na ka Ministry of Justice and Empowerment, Govt. of India <http://transgender.dosje.gov.in/>

NIMHANS na ka bynta ban ai jingkyrshan ia ki ha ka bor sngewthuh bad ba ai jingshakri na ka bynta ba kin skhem ha ka jingmut jingpyrkhat sha kito kiba la lait im na kino kino ki jingshah lynshop 080–46110007

NALSA (Yn ioh jingiarap ei ha ka liang ka Ain) 15100

U National common emergency number 112 Drug de-addiction, Ministry of Social Justice and Empowerment Govt. of India 1800-11-0031



Children Against Child Abuse

Project CACA



Kadei ka programme ba ai jingiada na ka bynta ki khynnah
hapoh jong ki kyndon ai jingiada jong ki skul



Ka CACA Safety Workbook na ka bynta
ki khynnah UKG haduh 9



Kyrteng jong ki kot



My Beginner's Safety Workbook

My First Safety Workbook

My Second Safety Workbook

My Third Safety Workbook

My Fourth Safety Workbook

My Fifth Safety Workbook

My Sixth Safety Workbook

My Seventh Safety Workbook

My Eighth Safety Workbook

My Ninth Safety Workbook



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End the Stigma, Raise Awareness

RED-KHS-01