

Wash Your Hands

13#1



Wet hands



Apply soap



Rub hands
palm to palm



Lather the back
of both hands



Scrub between
your fingers



Rub the back of fingers on
the opposing palm



Clean thumbs



Wash fingernails
and fingertips



Rinse hands



Dry with a
single use towel



Use the towel
to turn off the faucet



Your hands are clean



I always wash my hands with a soap:

- a.** After going to the toilet.
- b.** Before eating or serving food.
- c.** When I come back from playing.
- d.** After petting or touching an animal.

