

**Lemon** is here, sour if you bite, drink, lick, or squeeze me. I'm a delight.

Give way; **Papaya** is here to stay, Good for your stomach. Eat me every day.

Good for your eyes. I'm very sweet.

I am **spinach**, good for your blood,
I make you strong, the queen of the leafy club.

We are **onion and tomato**; we make your food yummy.

Lots of benefits when we go in your tummy.

I am **bitter gourd**, oh so great!

Good for your health and I control your weight.

I am lean and green. **Ladyfinger** is my name, Full of minerals and vitamins, a healthy dame.

