

Emergency



It's important to remember that in **emergency** situations where there are no trusted adults around, we can ask strangers for help but should stay where there are lots of people around and not go anywhere alone with the person who is helping us.

The emergency number 112 quickly connects you to fire, police, and ambulance services.

Things you should remember to keep yourself safe and healthy:

- a. Your parent's phone numbers.
- b. Your blood group.
- c. Your allergies.
- d. Last tetanus shot.