When to Tell a Secret?

Is someone in danger?
(self-harm, sexual abuse, kidnap, blackmail).

- Yes → **Tell someone!**
- No → **Does it involve someone who can't give consent?**
  (a child, someone under the influence or with a developmental disability)
  - Yes → **Tell someone!**
  - No → **Does it involve threats or bribes?**
    ("there's money if you don't tell, and if you do tell, you'll be sorry")
    - Yes → **Tell someone!**
    - No → **Is there a power imbalance?**
      (peer pressure, a group of people against one, age difference, authority figures)
      - Yes → **Tell someone!**
      - No → **Does it involve someone who may not be thinking clearly?**
        (someone who is distressed)
        - Yes → **Consider telling someone**
        - No → **Is it making you feel stressed, worried or stuck?**
          - Yes → **Consider telling someone**
          - No → **Do you need help figuring out what to do?**
            - Yes → **Consider telling someone**
            - No → **It sounds like this one is okay to be kept a secret**

Project CACA
www.projectcaca.org

**WHO Life Skills*