



I Am the Boss of My Body

I am the owner of my body.
Taking care of my body
makes me happy.

- a. Who will always be with you from the day you are born? **Your body.**
- b. Who feels the pain if you get hurt?
- c. If I am hungry, can I ask your mouth to eat for me?
- d. If I feel tired, can your body rest for me?
- e. Can I tell your hand to do my homework?
- f. Can I tell your legs to play football for me?
- g. Who is with you all the time?
- h. Who will come to know that you are hungry, happy or hurt first?

